

	<h2 style="color: green;">WORKSHEET</h2> <h3>for Work at Heights</h3>
Worksheet issued by (name, position, signature):	
Date of issue and validity period of the Worksheet:	
Worksheet Reg. No.:	
Work-at-height contractor:	

This worksheet is for the Job manager to specify the work-at-height procedure (the method, scope, etc.), the designated persons, any fixing points, any precautions and the execution of a visual inspection of the equipment and the condition of the technical tools (e.g. ladders, hand tools).

Part I. Definition of the work-at-height operation, tasks, working procedures and safety precautions

1. Place of work		
2. Work specification		
3. Work procedure, method and scope of work		
4. Securing the area under the place of work	<p>The following method will be used to secure the area below the place of work at height (delete/cross out as appropriate):</p> <ul style="list-style-type: none"> ▪ full traffic elimination, ▪ policing the area by a responsible employee during the entire period the danger is imminent, ▪ demarcating the area with a rope, protective tape, etc. at a height of 1.1 m and exceeding the working area by 1.5 m (when working at a height of 3 to 10 m), ▪ the area below the place of work does not need to be secured. 	
5. Specification of the equipment required	<p>The Job Manager has specified mandatory PPE to be used by employees when working at heights or above free falls:</p>	
6. Visual inspection of the equipment	<p>The Job Manager has carried out a visual inspection of the protective equipment to be used when working at heights and above free falls to check its functionality and validity of the prescribed PPE tests.</p>	<p>Result:</p>
7. Familiarisation of designated persons with fixing points	<p>The fixing points have been determined as follows:</p>	
8. Special conditions		

Prepared by the Job Manager (name, position, signature):	

Part II. – Record of designated persons and their demonstrable instruction concerning the specified tasks, work procedures and safety precautions for work at height as defined in Part I. of the Worksheet

DECLARATION by designated persons:

I declare that I have been familiarised with the above text of the Work-at-Height Worksheet, I understand the instructions, in particular the use of the personal protective equipment prescribed for work at heights and above free falls, and I am aware of the local conditions relevant to the designated fixing points and the fixing method.

	name, surname	date of birth	designated task	certificate no.	signature:
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